

# Water Safety



**Splish Splash!** Water is so much fun! It is the perfect activity for a hot summer day, but there are some very special safety rules to consider.



## Never swim unsupervised

I will always swim with someone watching and I will never swim alone!



## Always wear a flotation device

I will always listen to my parent/caregiver about wearing my floatie or life vest.



## Look Before you Leap

Before I jump into water, I make sure it is safe to do so with no people or objects in the way. I only dive when my caregiver says it is ok.



## Obey All Posted Signs

Warning signs are there for a reason at beaches and pools. Whether it is "No Running" or "High Surf" it is very important to follow these posted safety rules.



## No Running

I will not run around pools or on boats. I will listen if a lifeguard tells me not to. I do not want to get an ouchie by falling down.



## Rip Currents

I will always listen to my caregiver, the lifeguards, and will obey any posted signs about rip currents. I understand that they can be dangerous and I want to stay safe!

